

- e. Using two small or medium size tire irons, placed **100–150 mm (4–6 in.)** apart and inserted between the rim edge and tire bead at the valve stem location, pry in and downward with both tire irons while depressing the tire bead opposite the tire irons with your foot. When tire bead is above the rim edge, remove one tire iron and move it **76–100 mm (3–4 in.)** further away from the tire iron supporting the tire bead and insert and pry the tire bead further off of the rim. Proceed in this manner until the entire side of the tire casing is above and clear of the rim edge.
- f. The deflated inner tube can now be pulled from the tire casing and the inner tire casing inspected for damage or protruding sharp object, etc. Locate and eliminate cause of flat or puncture.
- g. If the tire is to be replaced, pry the other tire bead from the wheel rim as

described in step “e”, and remove the tire from the rim (this step is not necessary if only the inner tube is to be replaced). Install one bead of the new tire in the wheel rim and proceed with installation of the inner tube.

- h. Inspect the wheel rim inner tube protector strip to see that it is in good condition and centered over the spoke plates.