

## Adjusting the Rear Suspension

Adjusting the suspension requires pin spanner. We recommend that you have your motorcycle serviced by your dealer.

**CBR1000RR/RA**

### Spring Preload

You can adjust the spring preload by the adjuster to suit the load or the road surface. Use a suitable pin spanner to turn the adjuster. Positions 1 to 3 are for a decrease spring preload (soft), or turn the position 5 to 10 increase spring preload (hard). The standard position is 4. Attempting to adjust directly from 1 to 10 or 10 to 1 may damage the shock absorber.

#### NOTICE

Do not attempt to disassemble, service, or improperly dispose of the damper. See your dealer.

