

Keeping your CRF well maintained is absolutely essential to your safety. It's also a good way to protect your investment, get maximum performance, avoid breakdowns, and have more fun.

To help keep your CRF in good shape, this section includes a Maintenance Schedule for required servicing and step-by-step instructions for specific maintenance tasks. You'll also find important safety precautions, information on oils, and tips for keeping your Honda looking good.

An ICM (Ignition Control Module) system is used on this motorcycle; consequently, routine ignition timing adjustment is unnecessary. If you want to check the ignition timing, refer to the Honda Service Manual (page 148).

An optional tool kit may be available. Check with your dealer's parts department.

Before You Service Your Honda

The Importance of Maintenance	18
Maintenance Safety	19
Important Safety Precautions	19
Maintenance Schedule	20
General Competition Maintenance	22
Before & After Competition Maintenance	26
Between Motos & Practice Maintenance	26
After Competition Maintenance	26

Service Preparations

Maintenance Component Locations	28
Seat	29
Fuel Tank	30
Subframe	32

Service Procedures

Fluids & Filters

Fuel System	34
Engine Oil	36
Transmission Oil	39
Coolant	41
Air Cleaner	43
Crankcase Breather	45

Engine

Throttle	46
Engine Idle Speed	48
Clutch System	49
Hot Start Lever	51
Spark Plug	52
Valve Clearance	53
Piston/Piston Rings/Piston Pin	62

Chassis

Suspension	70
Front Suspension Inspection	70
Rear Suspension Inspection	71
Recommended Fork Oil	72
Fork Oil Change	72
Brakes	75
Wheels	79
Tires & Tubes	80
Drive Chain	82
Exhaust Pipe/Muffler	85
Additional Maintenance Procedures	88
Appearance Care	90