

Before each ride, you need to make sure you and your Honda are both ready to ride. To help get you prepared, this section discusses how to evaluate your riding readiness, and what items you should check on your CRF.

For information about suspension, steering damper, and other adjustments, see page 109.

Are You Ready to Ride?.....	12
Is Your Motorcycle Ready to Ride?.....	13
Pre-ride Inspection.....	13